Module Name: Psychology and Sociology as Applied to Nursing
Module Code: NU3S06
ECTS: 5
No. of Hours: Lectures 15 (10 Sociology/5 Psychology) & Tutorials 5 (all 5 Psychology)
Term: Hilary
Assessment Date: Week 29 (Psychology) & Weeks 35-36 (Sociology)
Module Leaders: Dr Jan M.A. de Vries (Psychology) & Dr Damian Brennan (Sociology)
Lecturers: Dr Jan M.A. de Vries (Psychology) & Dr Damian Brennan (Sociology)

Unit 1 Psychology

Aims

The Psychology segment of this module addresses those aspects of psychology that emerge from the different disciplines in professional nursing. Students will learn to analyse problems encountered in their daily work and suggest ways of addressing them by making use of psychological theory and research.

The module will build on the knowledge and skills students have developed in the first two years. The course will follow a practice oriented learning approach accompanied by a workbook which the students will complete during the course. Students will examine a series of problems and scenarios nurses encounter, analyze the psychological aspects, integrate them, and develop practical interventions. The scenarios will be different for each nursing discipline. The course finishes with a practical segment on communication and collaborative skills rooted in psychological theory.

Learning Outcomes

Following completion of this module the students should be able to:

- identify psychological issues in everyday nursing practice in their specific discipline
- generate and compose psychological solutions to these nursing problems
- demonstrate the ability to critically review and integrate in communication the complex relationship between psychology and nursing, both orally and in writing
- demonstrate effective communication and collaboration skills in the context of team working

Indicative Content (5 lectures / 5 tutorials)

- Application and practice of communication and collaboration skills
- Application of psychological theory, concepts, and discourse to issues and problems students will encounter in their professional work
• Application of content addressed in year 1 and 2

**Discipline Specific Learning**

**General Nursing and CGIDP**
Application of psychology of stress and stress management  
Application of trauma theory  
Exploration of models of crisis and grief  
Models of acute and long term illness  
Response to anger and conflict in general nursing

**Psychiatric Nursing**
Application of psychology of stress and stress management  
Psychological trauma and mental health  
Crisis, grief and mental health  
Alternative approaches to mental health  
Response to anger and conflict in psychiatric nursing

**Intellectual Disability Nursing**
Application of psychology of stress and stress management  
Psychological trauma and ID  
Crisis and grief in ID  
Psychology and disability  
Response to anger and conflict in ID nursing

**Essential Reading (Psychology)**
Peer reviewed publications on the cusp of psychology and nursing. Some sources are made available through WebCT, others require the exploration of library and Internet websites for nursing and psychology resources. All lectures notes and other sources addressed in first and second year will be available to the student for consultation. This includes:

**Assessment**

**Mode of Assessment**  
Workbook

**Assessment Details**  
1,500 to 2,000 words approximately
Unit 2 Sociology

Aim

Building on the concepts explored in Years 1 and 2, this module will enable students to critically understand the concepts of power and human agency as applied to issues pertinent to their discipline of Nursing. This module will also enable students to understand the social processes underpinning expressions of intolerance to perceived difference.

Learning Outcomes

Following the completion of this module the student should be able to:

- Define and discuss the social construction of the body, health, illness and disability within the context of the relevant discipline of Nursing
- Critically consider power, the body, health, illness and individual autonomy
- Critically consider the social processes underpinning expressions of intolerance to perceived difference within the context of the relevant discipline of Nursing
- Discuss issues relating to multiculturalism and health care provision in Ireland

Indicative Content

Shared learning (6 Lectures)

Theme 1 The Body, Human Agency and The State
- Sociology and the Body
- Regulation of Bodies and Minds
- Individual Vs State Responsibility for Health and Illness
- Sociology of Health Promotion and Individual Risk Taking

Theme 2 The Expression of Intolerance to Perceived Difference
- Myth, Labelling, Stigma, Stereotyping, Attitudes and Discrimination
- Multiculturalism and Health Care in Ireland

Discipline Specific learning (4 Lectures)

General Nursing
- The Social Construction of Physical Illness
- Sociology of Beauty and Body Shape
- Stigma and Physical Illness
- The Body as a Site of Expression

Psychiatric Nursing
- The Social Construction of ‘Sanity’ and ‘Madness’
- The Sociology of Total Institutions
- Social Trajectory of Irish Institutional Confinement of the ‘Mentally ill’ and the Process of Deinstitutionalisation
- Anti-Psychiatry Movement
Intellectual Disability Nursing

- The Social Construction of Intellectual Disability
- The Sociology of Total Institutions
- Social Trajectory of Irish Institutional Confinement of People with an “Intellectual Disability” and the Process of Deinstitutionalisation
- ‘Citizenship’ and Intellectual Disability

Assessment

Mode of Assessment  
Seen Examination

Assessment Details  
1.5 hrs examination. Answer 1 of 4 questions.

Essential Reading


Recommended Reading

A detailed reading list will be provided in class.